



citizen advocacy  
parrainage civique

# Rapport

Winter 2008 -2009

ISSN 1180-503X



*Citizen Advocacy* matches volunteers from the community with people who are isolated and vulnerable because of a disability. Established in 1974, Citizen Advocacy is a member agency of United Way/ Centraide.

*Parrainage civique* associe bénévoles et personnes handicapées qui sont isolées et vulnérables à cause de leur handicap. Établi en 1974, Parrainage civique est un organisme participant de Centraide/United Way.

## A Holiday Message

By Brian J. Tardif, Executive Director

The approaching Holiday Season brings with it reflections on the year about to end and thoughts of the plans and possibilities for the year ahead. In spite of the economic downturn during the last several months of the year, 2008 has been an amazing year at Citizen Advocacy. We continue to attract unprecedented interest from ordinary citizens considering the possibility of engaging as a volunteer advocate for someone with a disability in both the Everyday Champions and the Chance for Choice programs.

During our recent holiday dinner and dance, we celebrated 25 individuals who have been volunteer advocates for 5, 10, 15, 20 25 and 30 years. During the coming months, we will be privately recognizing another 23 individuals who have successfully reached the two year milestone.

While we have seen some changes in the staff team, we continue to attract excellent skill and talent in new team members Jennifer Forbes and Ashley Duross.

The Real Plans for Real Life program has assisted several participants develop plans for a good life and has witnessed elements of several participant's

plans come to reality. We are fortunate to have Ginette Rousse join the Real Plans for Real Life staff team as replacement for Andrea Podruski who is away on maternity leave after giving birth to a healthy baby boy named Mateo.

As part of this year's International Day of Persons with Disabilities, we once again hosted in collaboration with several other organizations in the community, Celebration of People on December 3<sup>rd</sup>. The largest in its 8-year history, this event was a spectacular success honoring 25 individuals with an array of 13 Celebration of People Awards.

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Rapport is a newsletter published every 4 months by Citizen Advocacy of Ottawa. Citizen Advocacy assists people living with a disability in enhancing their quality of life by overcoming barriers to personal choice and community participation. A volunteer based, non-profit organization, Citizen Advocacy relies on the support of foundations, grants, memberships, and personal donations.

Suggestions and submissions for publication, as well as questions and comments of general interest, are invited and should be sent to the attention of the Editor - Rapport. Submissions may be edited for length and content at the discretion of the organization.

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## **Save the Date!**

### **Evening in the Maritimes**

### **La Soirée des Maritimes**

CA's Annual Fundraiser

Wednesday, May 27, 2009

Hilton Lac Lemay in Gatineau (Hull)



*A Holiday Message* continued from front cover

As we prepare for the coming year, we need to find new ways of enhancing our capacity to respond to the dual challenges of the growing waiting list and the astounding growth of people interested in becoming engaged in volunteering with Citizen Advocacy. Sustaining and enhancing our funding revenues and fund raising activities in the current economic climate will magnify these challenges.

Just as we have learned from people with disabilities, we will keep going, remain focused on meeting these challenges, and do our very best to not let these challenges impact on the quality of our contribution to protégés, advocates and the community.

On behalf of all the staff of Citizen Advocacy and members of the Board of Directors, I extend our appreciation to the more than 500 advocates and protégés for your contributions to one another and your support of Citizen Advocacy. We wish you continued success in your match relationships in 2009.

I extend a heartfelt and sincere thank you to the hundreds of others in the community who have given their support during this past year. We hope we have earned your continued support in 2009.

**Best wishes for a joyous holiday season, with much health and happiness in 2009. Joyeux Noël et Bonne Année !**

## **Holiday Office Hours**

Citizen Advocacy of Ottawa will be closed over the holidays between December 24, 2008 and January 2, 2009. The office will re-open at 9:00 a.m. on Monday, January 5, 2009.

Here is a list of emergency contact numbers that may be useful should you need immediate assistance during that time:

Distress Centre: 613-238-1111

Mental Health Crisis Line: 613-722-6914

Or in an emergency: 911

# Celebration of People

The 8<sup>th</sup> annual Celebration of People Awards were presented on December 3<sup>rd</sup> to 13 individuals and organizations that have made a lasting and positive difference in the lives of persons with disabilities in the Ottawa community.

## 2008 Recipients

### *Advocacy Award*

Presented posthumously to Agnes Wee

### *Accessibility by Design Award*

Supreme Court of Canada Modernization Project –  
Watson McEwan Architects

### *Artistic Excellence Award*

Esther Reaffle

### *Career Award*

André Demers

### *Citizenship Award in Memory of Cathy Kerr*

Christine Murphy

### *Education Award*

Judy El-Hakim

### *Employee Award*

Madelyn Scanlan

### *Employer Award*

Dana Douglas Inc.

### *Hospitality and Tourism Award*

Ottawa Folk Festival

### *Sports Award*

Kathleen Forestell

### *Volunteer Award*

Samuel Fulton

### *Volunteer Opportunities Award*

Good Day Workshop Programs Inc.

### *Youth Award*

Alyse Benzvy Schacter

# Célébration pour tous

C'est lors de la 8<sup>ième</sup> cérémonie annuelle « Célébration pour tous », tenue le 3 décembre, que treize individus et organisations ont reçu un prix prestigieux pour avoir marqué de façon positive et durable la vie des personnes ayant avec un handicap dans la communauté d'Ottawa.

## 2008 Récipiendaires

### *Prix de la défense d'une cause*

Présenté à titre posthume à Agnes Wee

### *Prix Accessibilité intégrale*

La Cour suprême du Canada en collaboration avec la firme d'architectes Watson MacEwen

### *Prix de l'excellence artistique*

Esther Reaffle

### *Prix de l'excellence professionnelle*

André Demers

### *Prix du civisme à la mémoire de Cathy Kerr*

Christine Murphy

### *Prix de l'éducation*

Judy El-Hakim

### *Prix de l'employé(e)*

Madelyn Scanlan

### *Prix de l'employeur*

Dana Douglas Inc.

### *Prix de l'hospitalité et du tourisme*

Ottawa Folk Festival

### *Prix du mérite sportif*

Kathleen Forestell

### *Prix des bénévoles*

Samuel Fulton

### *Prix de l'organisation bénévole*

Good Day Workshop Programs Inc.

### *Prix Jeunesse*

Alyse Benzvy Schacter

**Thank You...**

**Merge Print & Design** for providing a discount for the printing of this newsletter.

## Consumers Advisory Committee Volunteer Award

By Robert Adolfsen, Social Worker

Once again this year the CAC presented a deserving volunteer with a *Consumers Advisory Committee Volunteer Award* at the annual dinner and dance in December. This award is given to someone who has been respectful, compassionate, patient, a good listener, and who has been involved in a range of activities at CA. While there are many people in the Citizen Advocacy family who fit this description, this year CAC has selected **Bill Dolan** as the recipient of its annual volunteer award. Bill has been matched to Daniel B for three years and the match has blossomed into an amazing friendship. Throughout Bill's ordeal with cancer, he maintained contact with Daniel who has only praise for his match partner. Congratulations Bill! You are well deserving of this award and are a wonderful example to those who are counted among 200+ volunteers. Other nominees for this award were Chris Petersen and Jenna Swan. Congratulations to both of you!

## Everyday Champions

In each newsletter Citizen Advocacy introduces you to a member of the Board of Directors and a volunteer. In this issue we are pleased to present Judy Janes – board member and volunteer!

Judy is serving her 4th year on the Board of Directors for Citizen Advocacy. When asked what prompted Judy to join the board, she said she was honoured to be approached by Brian Tardif, CA's executive director, and said "yes" to the request. How Judy feels about her involvement on the board: "I enjoy being on the Board and I really admire what the Board is doing to help make a better life for people with disabilities. I sense that the people on the Board really care about the people they serve. I am very happy to be a part of that."

In addition to serving on the CA board, Judy is Chair of CA's Consumers Advisory Committee. She is also involved with CA's Social Activities Club and helps out mailings.

Judy is celebrating 5 years being matched to her advocate, Avril, who cooks delicious meals and attends movies with Judy. According to Judy, "Avril was there for me as wonderful support when I was going through breast cancer. All of Citizen Advocacy was supporting me like family as I travelled through that experience." Avril and her husband supported Judy on a 5 mile cancer walk last year.

Outside of CA, Judy volunteers in the community and attends social events. For the past 3 years Judy speaks publicly for United Way about her match with Avril and how her advocate has enhanced her life. For the past 5 years, Judy has been part of a committee for Centretown Citizens Ottawa Corporation, a private non-profit housing organization.

Judy has received a Bachelor of Arts degree in Sociology from the University of New Brunswick in Fredericton and a degree in teaching elementary school from Teachers College in Fredericton. She worked as an elementary school teacher in New Brunswick, her home province. She has also performed various short term work projects. Here are some of her favourite jobs:

- "I was given a pile of books and asked to make a library out of them."
- "For a museum project in Saint John N.B. I researched newspapers dating back to the 1800s to gather interesting pieces of Saint John history."
- "In Hamilton, Ont. I worked for the Children's International Learning Center. School children came and enjoyed the interactive programs we offered. Each month we had a different theme e.g. life in Japan."

Judy enjoys the many activities that Ottawa has to offer such as the Tulip Festival, Glebe Flea Market, walking along canal, going to movies, etc. Judy says, "I find something of interest in the newspaper and off I go." She also likes reading especially trivia, history, humour, Chicken Soup books, and the Bathroom Reader – she has lots of books! Judy lives in Centretown with her fat cat named Kitty.

# Advocacy in Action

By Jake Volt, Volunteer Advocate

*A Comfortable Silence* – You know how when you're in a restaurant or a coffee shop and you see a couple (typically an older couple) sitting together, saying nothing? Your initial reaction may be that they're fighting, or don't know each other well. But, if your powers of observation are at all sharp, you'll realize that they are quite content. The silence isn't awkward. In fact, it's quite comfortable. They are, on second viewing, a couple who have obviously been together for quite some time and need no stimuli to be happy in each other's presence. They have their routines and revel in the repetition of them.

My match with Lyle is similar. We've been together for five years now. In the beginning I'd try to think up a new activity every week, not unlike the courting ritual we undertake when we're trying to woo a potential new significant other. We visited museums, musical performances, hockey games, the Ex, and Lynx games. In between we'd also meet to have a coffee in Place d'Orleans or visit the local library to cruise the Internet and take out some books for Lyle. Our relationship evolved and we'd gradually go to the mall and to the library as our default destinations. As I got to know Lyle more it occurred to me that, while he didn't mind the more exotic outings, he seemed more relaxed and comfortable at the mall and the library. The fancier trips seemed to make him a bit agitated and nervous about all the logistics involved.

So, over time, we developed a routine: Lyle and I go to Place d'Orleans most Saturday mornings. First we visit Zeller's and comment on the new seasonal displays. We walk the perimeter of the store then head out into the mall. We visit Sports Experts (I'm always looking for deals on golf equipment) then we go to the food court. Lyle hands me his wallet and I count out (as close as possible) the exact change needed for a muffin and medium coffee. Lyle lines up, gets his muffin and medium coffee, and brings it back to the table. We may chat about the weather. Or about the abysmal state of the Sens. But, for the most part, we're quiet. Comfortably quiet. Lyle enjoys his muffin and medium coffee and I watch the people walking by and sitting

among us. Then we head home. I ask Lyle what he wants to do next Saturday and he happily replies, "Can we go to the mall?"

Our other routines include trips to the library, annual summer BBQs and Christmas dinners at my home for Lyle and his wife, the Citizen Advocacy picnic and Christmas dinner, and our yearly meeting with Robert to review how the year has gone. And so on.

## Hello

### Ashley Duross

For those of you I have not yet had the chance to meet, my name is Ashley Duross and I am the new Special Events Office Assistant. I graduated from the University of Western Ontario back in May and after taking a few months off to relax, I joined the Citizen Advocacy team at the end of September.

I became involved with Citizen Advocacy several years ago as a volunteer for Evening in the Maritimes. My involvement in this event helped me to gain an appreciation for all the great work that the staff here at Citizen Advocacy do. Everyone involved in the organization including staff, volunteers and protégés have amazed me with the wonderful things they do each day. So, you can imagine how happy and proud I am to now be a staff member!

It has been a busy couple months since I came here. The Celebration of People Awards Dinner kept me on my toes for much of October and November! Now, let the planning for Evening in the Maritimes begin!

### Ginette Rouse

It is a privilege to work at Citizen Advocacy with the Real Plans for Real Life team. I will be bridging Andreas's work while she is away on maternity leave.

My thirty years experience at the Ministry of Community and Social Services working with families and individuals certainly gave me great knowledge in the fields of community, disabilities, multicultural society and basic needs for vulnerable people. My latter years were in Developmental

Services with the programs “Special Services at Home and Handicapped Children’s Benefit”. I retired in 2004 to join the Lowertown Community Resource Centre working in different capacities on a part-time basis. Two years I got involved with Citizen Advocacy as a Personal Representative. This experience was most valuable working with and for individuals providing them a new home and a sense of self and community involvement. I look forward to working more in depth with Real Plans for Real Life.

## Social Activities Club

We are happy to announce that the Social Activities Club of Citizen Advocacy had a wonderful time getting together for our brainstorming session on November 4<sup>th</sup>, 2008! During this time together, we had a chance to meet other matches and have some pizza! We also thought of some innovative and creative activities that matches can do together for the upcoming year. This event was a great success and we thank everyone for coming out and sharing all of your great ideas. We are looking forward to seeing you in the New Year. For more information on upcoming activities or to attend our next planning session please call 613-761-9522 ext 245 or email [activitiesclub@citizenadvocacy.org](mailto:activitiesclub@citizenadvocacy.org).

## Holiday Dinner and Dance

By Brian J. Tardif, Executive Director

On Sunday, December 14<sup>th</sup>, 260 of Citizen Advocacy’s friends and family came together to celebrate the holiday season at the Annual Holiday Dinner and Dance. As always, the food was great and you could not have asked for better company! The dance floor was full – Larry the DJ was playing all kinds of great music!

During the evening, advocates celebrating milestone anniversaries were presented with an array of gifts of recognition. Advocates got to choose from pins designed around the Citizen Advocacy logo, vests with the Everyday Champions logo, or gift certificates to restaurants, the movies or Tim Horton’s.

Celebrating 5 years as advocates were: Avril D’Silva, Pierre Emond, Elizabeth Geehan, Noelle Grosse, B.J. Porter, Maya Santoro, Josephine Perras and Jake Volt. Jean Dlouhy and Marie Gwilym are also celebrating 5 year anniversaries but were unable to attend the party.

Jennifer Acres celebrated her 10 years as a volunteer advocate at the party this year. Lorraine Trudel, Jody Dixon, and Anatole Kornachuk are also celebrating their 10 year anniversaries but were unable to attend the party.

Celebrating 15 years’ service are Margaret Watson, Michael Wall, and Marie Charron. Alice Bell is celebrating 20 years, and Colin Griffiths has been a volunteer at Citizen Advocacy for 25 years. Finally, Richard Marion has been with CA for 30 years!

Advocates celebrating 15, 20, 25 and 30 years will receive a Citizen Advocacy vest, which will be presented to them at a special lunch with Brian Tardif, Executive Director, and Board President, Frank Reid.

Many thanks to everyone who has helped support this event! Much appreciation and gratitude to the following

- The Gloucester Lions Club, who donated \$1000, which helped keep ticket prices affordable to all guests who attended.
- Veronica Langelier or “Mrs. Claus” for helping secure many raffle and door prizes.
- Chef Jason and Mary Dimas of the Hellenic Banquet Centre for doing a wonderful job again this year!
- The Hampton Inn and Conference Centre for donating half the turkeys for our dinner.
- All vendors and donors who helped supply the food (for a complete list, see *Donors, Sponsors, and Supporters* on page 11).
- All of CA’s members who generously donated that little bit extra on top of the ticket price.
- Our volunteers: Cheryl Bourgeois, Tim Mills, Jackie McKenna, Amy Honshorst, Joe-Ann Jean-Baptiste, Julian Walker and Leslie Scott.

# Making Choices

By Shelley Ann Morris, Volunteer Advocate

Circumstances dictate that many of our protégés live in situations where care is provided “en masse.” They may not be able to choose when or what they eat, where they live, when they sleep or where they may go. Providing opportunities to choose has an empowering effect on their lives.

Upon her request, I recently accompanied my protégé on a shopping trip for winter clothing. Para Transpo’s Taxi Coupon Program affords her more flexibility to make her travel plans. First, we visited a store that offered a selection of winter coats. She perused the racks, trying on one coat after another until she found one that met her specifications. I then asked her where she would like to have lunch. Decisively she made a bee-line for the Subway and said “I want cold cuts” when asked what kind of sandwich she would like. While eating, she spied a shoe store in the mall and announced “I need winter boots.” After lunch we went to that store where she tried on several pairs until she found the perfect style, fit and price. We cabbied it back to the boarding home where she lives. She thanked me for my help and carefully put away her new treasures in her small closet.

We ALL appreciate choice, and sometimes we take it for granted. Helping our protégés to make choices can have a profound effect on their lives. I thank my protégé for teaching me a valuable lesson in empowering others.

## Please Join Us!

The Consumers Advisory Committee is recruiting! If you are a protégé who is presently matched or has been matched at some time and you have the desire and availability to fully participate in Committee meetings and activities, you can contact Robert Adolfson at 613-761-9522, ext 227 or by e-mail at [radolfson@citizenadvocacy.org](mailto:radolfson@citizenadvocacy.org).

# Newest Matches



## Everyday Champions

### SEPTEMBER

Katie Tallo & Valery H.  
Stella Ross & Mary Frances G.  
Jennifer Scrim & Carly W.  
Alexandra Leversedge & Malinda C.

### OCTOBER

Aleksandra Minic & Deborah B.  
Izabella Sowa & Molly K.  
Ghislaine Saumure & Christine B.  
Julie Primeau & Mona Z.  
Shelagh Heatlie & Biljana N.

### NOVEMBER

Jessie Gurudevan & Pauline S.  
Jonathan Young & Michel L.  
Michelle Crook & Melissa A.

## Chance for Choice

### SEPTEMBER

Marsha Macnab & Lorraine P.

### OCTOBER

Yolande Mennie & Vivian C.  
Catherine A. Heslop & Gloria S.

### NOVEMBER

Andrea Briggs & Lucille B.  
Myo-Soon Kim & Ritva J.  
Anne Stern & Joyce H.  
Laurence Émard & Roland L.



# The Day Filled with Care

By Siddhartha Kumar, Social Worker

The 'Day of Caring' was celebrated on October 2<sup>nd</sup> this year. Workplace and government employees volunteer their time, skills, and efforts to help community organizations across the City of Ottawa. This year, we were fortunate to have nine volunteers from Nortel spend their time with some of our protégés on the waiting list. The Museum of Civilization has always been a preferred destination for many matches. Thus, we approached them and they were very gracious in lending their full support to make the day special for protégés and volunteers. For many of the individuals who attended, it was their first visit to the Museum of Civilization. For some, it was their first visit to any museum in years due to financial, social and/or mobility constraints.



This day surely made an impact in the lives of volunteers and brought a lot of joy to protégés. Rich, one of the volunteers, shared his thoughts on the day. He said "As the day unfolded, we explored the museum, getting to know our protégés and making personal connections with each of them. For myself, I was assigned a young man named Dylan who used a power aided wheelchair. Dylan is a vibrant young man with a love for hockey and an ardent fan of the Ottawa 67's and the Senators. We explored the museum together and had a wonderful time. Our day ended back at the Citizen Advocacy office where we were treated to cake and refreshments. The day was very enjoyable and well organized".

Day of Caring provided a meaningful opportunity for volunteers from Nortel to learn more about the needs of protégés on our waiting list as well as a chance to experience being with someone who has a disability. Our sincere thanks to everyone who contributed in making this day a great success and for helping decrease the isolation felt by people with a disability in the community. I am sure we will do wonderful things to celebrate Day of Caring in the years to come!

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## Long Term Care Advocacy Project

By Sheila Robertson, Social Worker and Chance for Choice Coordinator

The City of Ottawa has given Citizen Advocacy a one-year grant to pilot new ways of providing volunteer advocacy to residents in long term care facilities. There has been quite a demand from some long term facilities for one-to-one matches, but the traditional one-on-one match is not always practical – especially for residents who tire after a short time, or who really cannot go out. This project is to try new, effective ways of providing the advocacy support that these residents want and need. It targets those most isolated within the facility and those with few or no external visitors. The target is to have up to 5 advocates matched between two long term care facilities, serving up to 15 residents

We've already begun with two volunteer advocates who will be matched with several residents each in Extendicare's West End Villa. The latter have already referred several residents who are interested in having access to a volunteer advocate, and we hope to match a couple of them by Christmas. We are targeting to have a second long term care facility participating in this project early in the New Year.

The project has an advisory committee, chaired by Dianne Pritchard, Past President on our Board of Directors, and has representatives from other organizations in the community, including the Ottawa Police Service. The committee had a preliminary meeting in November 2008 and will meet again in the New Year, with expanded membership, as new advocates and facilities come on board the project.

# Nominations for the Consumers Advisory Committee Volunteer Award

Do you know a Citizen Advocacy volunteer who is respectful, compassionate, patient, a good listener, and has been involved in a range of activities at Citizen Advocacy? If your answer is “yes” you might consider nominating this person for the Consumers Advisory Committee Volunteer Award. Often those who are familiar with Citizen Advocacy think immediately of our *volunteer advocates* when volunteers are spoken of. However, this award honours *all* people who perform a volunteer service here. This means that the person that you nominate could possibly be a volunteer advocate, a protégé who gives their time helping out at Citizen Advocacy events, doing office work, or helps put together the mail-outs that you often receive in the mail. They could also be a Board or Committee member, or any other Citizen Advocacy volunteer at-large.

Those who are nominated should, in your estimation, represent the spirit of a Citizen Advocacy volunteer! Nominations can be submitted at any time during the year and must be received by November 15th so the selection committee can make a decision in time to present the award at our Annual Dinner and Dance that takes place in the middle of December. If you have any questions concerning this award please call and speak to Robert Adolfson at 613-761-9522, ext. 227 or e-mail your question to [radolfson@citizenadvocacy.org](mailto:radolfson@citizenadvocacy.org). Copies of the Consumers Advisory Committee Volunteer Award nomination form can be mailed or e-mailed to you upon request.

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## Exposition d'art

Par André Cusson, Real Plans for Real Life

“Place aux artistes”, l’exposition d’art annuelle de AISO, l’Association pour l’intégration sociale d’Ottawa, fut exceptionnelle cette année. Michel Guindon, un des participants de “Votre plan votre vie” était heureux de voir son oeuvre affichée parmi une cinquantaine de tableaux choisis parmi ceux des nombreux participants provenant de toutes les provinces du Canada. Cette saveur nationale fut possible grâce à une collaboration entre AISO et l’Association canadienne pour l’intégration communautaire qui favorisait cette participation dans le cadre des activités entourant son 50<sup>ième</sup> anniversaire. Donc, le 20 novembre dernier fut le soir du vernissage à l’École d’Art d’Ottawa. Vous pouvez bien imaginer le grand succès de l’évènement avec la salle qui débordait toute la soirée!

Félicitations à Claudette Migneault, Coordinatrice de la Participation Communautaire à AISO, pour cette belle initiative...ainsi qu’à Michel! Il fut en bonne compagnie car Esther Reaffle qui était aussi à l’affiche, fut, le 3 décembre, récipiendaire du Prix de l’excellence artistique lors de l’évènement, “Célébration pour tous”.

## Fundraiser



**United Way**  
**Centraide**  
Ottawa

This year Citizen Advocacy renewed its commitment to raising money for the United Way / Centraide campaign in Ottawa and achieved a resounding success! Through employee and individual contributions as well as special events Citizen Advocacy bettered last year’s total by \$483.85. Employee and individual contributions rose to \$1720.00 and special events (bake sale and Hershey’s chocolate basket raffle) returned \$306.85. Many thanks to all who participated in this year’s success!

# Match Anniversaries

## Everyday Champions

### September 2008

10	Doug Bailey & Earl Q.
6	Sam Hawas & Willie W.
6	Ruth Mellor & Marsha G.
4	Jody Grenier & Kris P.
3	Eve Arany & Saskia B.
3	Lucia Van Oordt & Maria G.
2	Candace Sirjoosingh & Julie L.
2	Barry McKenna & Shirley C.
1	Brendan Roy & Steven S.
1	Loren Bekeris & Donna Lee H.
1	Melody Szabo & Meredith C.

### October 2008

24	Shelley Ann Morris & Marcella K.
21	Karen Maubach & Judy M.
18	Alan Cohen & Lee W.
15	Michael Wall & Steve F.
9	Colin Griffiths & Eddie S.
8	Jeff Ickovich & Paul A.
8	Céline Kelly & Freda W.
8	Stephanie Johnson & Jean H.
7	Richard D'Addese & Robert W.
6	James Hicks & Robert K.
6	Helen McFarlane & Laura A.
6	Susan Spence & Virginia. B.
4	Gil Barrows & Manfred A.
4	Mary Shay & Margaret E.
3	Carole Lapointe & Marguerite F.
1	Claus Abel & Vince C.
1	Alex Larose & Jorge de A.
1	Holly Smith & Corrie M.

### November 2008

30	Richard Marion & Maurice K.
20	Christiane Delon & Freda W.
20	Eric Plunkeet & Jeff M.
19	Maggie LeMay & Madeleine H.
8	Grant Johnston & Denise T.
5	Noelle Grosse & Kristen H.
5	Connie Ridout & Fran M.
4	Carl de Jong & Bob P.
4	Simon Snoxell & Wayne B.
3	Julie Broczkowski & Karyna L.

### November 2008 con't

3	Patricia Bowa & Diane C.
3	Ryan Kelly & Craig M.
2	Jennifer Acres & Suzanne St. J.
2	Matthew Mason-Phillips & Frank C.
1	Kelly Stang & Marika S.

### December 2008

14	Bob Stevenson & Glenn F.
11	Pui Wah So & Christine C.
10	Laurence Émard & Simone P.
6	Elaine Butcher & Shannon M.
6	Celine Leblanc and Jacquie St. D.
5	Avril d'Silva & Judy J.
4	Elizabeth Geehan & Shona F.
4	Owen Griffiths & John M.
4	Robert Adolfson & Rocky W.
3	Bill Dolan & Daniel B.
2	Erica Walker & Suzanne H.
1	Bill Gelling, Jacqueline MacDonald & David H.
1	Sarah Kathryn Peddie & Gerda M.

## Chance for Choice

### September 2008

1	Anna Bilsky & Marjorie U.
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### November 2008

4	Savi Narayanan & Ethel T.
3	Chris Ferko & Charles J.
2	Jennifer Knudson & Marguerite G.
2	Shawn Morris & Barry M.

### December 2008

3	Elizabeth Styffe & Yvette L.
2	Ana Gabriella Renart & Georgette L.
2	Richard D. MacPhail & Ruth B.
1	Julia English & Josephine F.
1	Mary Crowe & Florence T.

## Group Home Project

### November 2008

4	Erin Bateman & Foyers Partage Group Home
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# Planning for Citizen Advocacy's Future

John, 39, is a busy man with work and other engagements. He goes to a day program and does office work. He has a developmental disability and has been doing well for the past few years. He lives in a supported housing apartment. John came to Citizen Advocacy in 1993 in search of a friend to do fun things with in the community but he had a lot of challenges and issues, which he has been addressing gradually. In November 2007, John expressed that he was ready for a volunteer advocate, "I have realised what is good for me and now things are improving." John likes to be punctual and enjoys watching news on TV.

Peter, 41, is a busy high-tech engineer and came to Citizen Advocacy in October 2007. He wanted to give back to the community and liked the idea of being matched to someone in a one to one relationship. Peter chose an intentional relationship with John. In the match meeting, John was euphoric and was having difficulty controlling his joy and happiness.

Since being matched, John and Peter have been going out every weekend for coffee, skating and movies. Meeting Peter's family has been very positive for John, who has no contact with his own family. Peter is enjoying John's company and says, "I only spend some time having coffee; etc., which is such a small thing, but it seems to mean so much to John and he looks happy and he is always excited and looks forward to our next meeting."

**Yes, I believe in a community that welcomes and values all people with disabilities!**

NL\_12\_2008

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